



EAST DOWN YACHT CLUB

Health and Safety Guidance

EDYC has adopted a Health & Safety Policy (see Club Rules Appendix C), to which the following notes will assist members.

H&S Training & Guidance

The Executive Committee will provide both training and guidance on any aspect of club activity, on request, with a view to making our activities safe. A wide range of activity has an associated risk and via training and guidance we aim to reduce the risk. It should be your judgement as to when your experience, training and guidance sufficiently overcome the risk. Guidance sheets are prepared in relation to crane use, winch use and other activities.

Accident Book & Reporting

The statutory accident book is retained in the kitchen. It is to be used when appropriate. The Executive Committee need to hear of all accidents, even minor, via verbal, written and/or email reports. Monitoring and recording all incidents will give us direction on where our safety can be improved. An email or a signed note, dated and placed in the letterbox in the club entrance hall, would be simple ways to alert the Executive of a less serious accident.

Safety Maintenance

Maintenance is a continuous task and in many cases relates directly to safety. In the same way as the Executive Committee wishes to hear of accidents, they also wish to hear of maintenance tasks which, if conducted, will improve safety. Due to the importance of safety equipment, we must hear when such equipment is missing, damaged or faulty.

First Aid

The Club maintains first aid consumables in two locations - on shore in the First Aid Box in the kitchen and afloat in waterproof containers (white barrels, red lids) on club Safety Craft. Serious incidents afloat may require Coast Guard communications and Ambulance attendance. It is recommended that each member and boat should have some first aid provision. Trained First Aiders are available in the Club and the holding of an RYA Instructor's qualification also indicates training in First Aid. A list of trained First Aiders is located with the First Aid box in the kitchen.

Assembly Point

The location of the assembly point is on the lane to the right as the club grounds are entered.

Vehicle parking

There are designated areas around the club site where vehicle parking is considered to be hazardous or where parking may infringe upon a right of way for others. These areas are clearly marked out in yellow paint and members are asked to keep these spaces clear for the safety and convenience of others.

Yard Crane

Do not use the crane unless you are confident of operating it safely while undertaking your task.

There are several key points to consider :-

- Assistance from someone experienced is essential.
- Most operations require three to four people as a minimum.
- At least one person should be delegated the task of ensuring that other persons do not stray into the crane operating area.
- Check that the weather conditions are suitable.