

# FIRST AID COURSE



**A one day First Aid Course is being scheduled for a 20<sup>th</sup> Jan 2019.**

**This will cover resuscitation and hypothermia along with other first aid.**

**This course complements your RYA Safety Boat qualification and is also of interest  
in general to those active in sailing.**

A few places remain. Contact David Allen on [dallen592.da@gmail.com](mailto:dallen592.da@gmail.com) with First Aid in the subject line, so that you will receive more information and be placed on the course or an interested and waiting list.

Please follow up if you get no reply.

